

Project File

Stories of Thankfulness

Chuck Sandy

1 Who has done something nice for you recently? Think about those people and the things they've done for you. Then write three sentences like this.

I want to thank Josette for helping me with my presentation.

I'd like to thank Rei for helping me with my work.

I'd like to thank Kai for making me laugh.

1. _____
2. _____
3. _____

2 How did the things you wrote above make you feel? Add sentences like these to explain your feeling or to say a little more.

I want to thank Josette for her work on the presentation. That was really helpful.

I'd like to thank Rei for his kindness. That really changed my day.

I'd like to thank Yuna for making me laugh. Afterwards, I felt a lot better.

1. _____

2. _____

3. _____

3 Take turns reading your sentences out loud in groups or as a class. If the people you are thanking are present, they may want to reply like this.

You're very welcome.

Oh, it was nothing.

Don't mention it.

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4 Now write a short thankfulness story. Choose one of your ideas above and write a few more sentences like these to better explain the situation. End your story with the sentences you wrote for step 2 of this activity. Give your story a title.

A Kind Friend Changed My Day

One day last week I was feeling very stressed. I had so much work to do! It was all I could think about. Maybe that's why I forgot to bring my lunch to school and even left my wallet at home. I was sitting outside by myself feeling upset. What a terrible day! Then, Rei came and sat beside me. He asked me why I was upset and I explained the situation. "Come on," Rei said. "I'll buy you lunch. Let's go!" Then he took my hand, pulled me into the cafeteria, and paid for my lunch. We had such a great time talking and laughing together that I forgot about my stress. That's why I'd like to thank Rei for his kindness. That really changed my day.

5 Tell your story a few times in pairs and groups. Then, if possible, use an app like **Audioboom** to record your story. After you record your story, share it with others on social media or elsewhere. You might even create a private Facebook group **this one** for your stories. Now, I'd like to thank you for trying this activity 😊